



**Connecticut Community Tobacco Cessation Programs
(Alphabetical by City/Town)**

Agency	Contact Name	Address	City	Telephone number/email/website
Commit to Quit Sites – No Fee For Services				
Midwestern Connecticut Council of Alcoholism	Kristopher Novak	2 Hospital Avenue	Danbury Area	(203) 743-4895x1905 kdnovak@mccaonline.com http://mccaonline.com/commit2quit/
Town of Guilford Health Dept. VNA Community Healthcare	Beth Capobianco	753 Boston Post Road	Guilford Area	(203) 458-4200
Hartford Behavioral Health	Kristen Larson-Samalus	2550 Main Street 1 Main Street	Hartford Area	(860) 727-8703 klarson@hbh1.org www.hbh1.org
Meriden Department of Health and Human Services	Geralyn Laut	165 Miller Street	Meriden Area	(203) 630-4003 BeTobaccoFree@meridenct.gov
Middletown Health Department	Contact Middlesex Hospital Main line	245 DeKoven Drive	Middletown Area	(860) 358-5420
Uncas Health District	Connie Capacchione	401 West Thames Street	Norwich Area	(860) 823-1189 www.uncashd.org
Other Community Cessation Programs Note: Some of these may have a fee				
BH Care Valley	Marie Solazzo	435 East Main Street	Ansonia	(203) 736-2601 ext. 1371
BH Care Shoreline	Sara Magistro	14 Sycamore Way	Branford	(203) 483-2630 ext. 2245
Greater Bridgeport Area Prevention Program	Valerie Sorrintino	1470 Barnum Ave	Bridgeport	(203) 366-8255
St. Vincent's Medical Center, Smoke Stoppers	Mary Ellen Bolcer	2800 Main Street	Bridgeport	(203) 576-5451
Bristol Hospital Counseling Center, Freedom from Smoking	Deborah Borgerding	420 North Main Street	Bristol	(860) 583-5858
Wheeler Clinic, Health & Wellness Center	Main line for scheduling appointments	10 North Main Street	Bristol	(860) 584-6555/ www.Wheelerclinic.org
Mountainside Treatment Center Nicotine Anonymous	Alex Helper	P.O. Box 717, Mailing address: 187 South Canaan Road	Canaan	1(800)762-5433
Danbury Hospital Quit Now Smoking Cessation Program	Marianne Mitchell	24 Hospital Ave	Danbury	(203) 739-8328



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Perception Programs, Inc.	Vicki Barbero	13 Water Street	Danielson	(203)779-5852 vicki.barbero@ www.Perceptionprograms.org
First Choice Health Center	Main line for scheduling appointments	94 and 110 Connecticut Blvd 265 Ellington Rd.	East Hartford	(860)528-1359 www.firstchc.org
Intercommunity, Inc.	Nancy Pike	281 Main Street	East Hartford	(860) 569-5900/ www.intercommunityct.org
Johnson Memorial Hospital Cancer Center	Maria Palomares	148 Hazard Ave.	Enfield	(860) 272-2911
Fairfield Health Department	Santina Jaronko	100 Mona Terrace	Fairfield	(203) 256-3150
University of Connecticut Health Center, UCONN Health/Main building,	Diahann Wilcox APRN	263 Farmington Avenue	Farmington	1-800-535-6232 or (860) 679-7692

UCONN Comprehensive Smoking Cessation Clinic	Main line for scheduling appointments	263 Farmington Avenue	Farmington	(860) 679-2100 (Tuesdays 9-12pm)
Greenwich Hospital Smoke Stoppers	Diane DeMain	5 Perryridge Road	Greenwich	(203) 863-3786
St. Francis Hospital and Medical Center, Break Free from Smoking	Sally Lerman	114 Woodland Street	Hartford	(877) 783-7262 registration line
Eastern CT Cancer Institute Freedom from Smoking	Lee Tremback	100 Haynes Street	Manchester	(860) 533-2957
First Choice Health Center	Main number for scheduling appointments	150 N. Main St. 444 Center St.	Manchester	(860) 528-1359 www.firstchc.org
Rushford Center	Donna Lentini	883 Paddock Avenue	Meriden	(203) 238-6821
Life Changes LLC	Andrew Degling	193 Main Street	Middletown	(860) 944-1171/ Andy@LifeChangescounseling.Com
Middlesex County Substance Abuse Action Council	Lorenzo Marshall, Betsey Chadwick	393 Main Street	Middletown	(860)347-5959/ info@mcsaac.org
Middlesex Hospital, Center of Chronic Care Management	Main line for scheduling appointments	28 Crescent Street	Middletown	(860) 358-5420



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Milford Hospital Community Education Department	Main line for scheduling appointments	300 Seaside Avenue	Milford	(203) 876-4004
Cornell Scott Hill Health Center	Christine Solimine	428 Columbus Avenue	New Haven	(203) 503-3082 www.CornellScott.org
Fair Haven Community Health Center	Lydia Santiago	374 Grand Street	New Haven	(203) 777-7411/ L.santiago1@fhchc.org
Yale University School of Medicine	Tess Hanrahan	50 York Street	New Haven	(203) 974-5763
VA CT Health Care System Smoking Cessation Treatment	Regina Gilbert	555 Willard Avenue	Newington	(860) 594-6302
North Haven Community Services Counseling Center/BH Care	Maggie Goodwin, LCSW	5 Linsley Street	North Haven	(203) 239-5321 ext. 501/ www.Goodwin.Maggie@northhaven-ct.gov
Backus Hospital Freedom from Smoking	Main line for scheduling appointments	362 Washington Street	Norwich	(860) 892-6900
Norwalk Hospital Asthma & Pulmonary Services, Smoking Cessation Program	Margaret Haggerty, RN	34 Maple Street	Norwalk	(203) 852-9362 www.norwalkhospital.org
Day Kimball Healthcare, Wellness Program	Judith Hansen	320 Pomfret Street	Putnam	(860) 928-6541 ext. 2015
Generations Family Health Center	Cindy Donall	202 Pomfret Street	Putnam	(860) 693-7917 www.Genhealth.org cdonall@genhealth.org
Stamford Hospital, Commit to Quit	Main line for scheduling appointments	30 Shelborne Rd	Stamford	(203)276-QUIT (7848)/ www.stamfordhospital.org
Charlotte Hungerford Hospital, Pulmonary Education (FFS)	Sandy Markus	780 Litchfield Street	Torrington	(860)738-6661
First Choice Health Center	Main line for scheduling appointments	94 Union St	Vernon	(860) 528-1359 www.firstchc.org
Central Naugatuck Valley Regional Action Council, Family Intervention Center	Jennifer DeWitt – Teens, Joseph Futschik - Adults	22 Chase River Road	Waterbury	(203)578-4044 (203)753-2153



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Heart Center of Greater Waterbury (Freedom from Smoking)	Sandra Micalizzi	1075 Chase Parkway	Waterbury	(203) 575-5573
Generations Family Health Center	Ann Gueutal	40 Mansfield Avenue	Willimantic	(860) 450-0585 www.genhealth.org aguenutal@genhealth.org
Perception Programs, Inc.	Vicki Barbero	54 North Street	Willimantic	(860)450-0151 Vicki.barbero@perceptionprogr ams.org
Windham Hospital Pulmonary Rehab	Renee Clinton	112 Mansfield Avenue	Willimantic	1-855-494-4636

The Connecticut Quitline is a free telephone program that offers counseling by trained staff.
 Open 24 hours a day, seven days a week.
 Counseling is available in all languages and TTY.
 Online program is also available.

Connecticut Quitline
 1-800-QUIT-NOW
 1-855-DEJELLO-YA
 TTY 1-877-777-6534

<http://www.committoquitct.com/>

Connecticut Department of Public Health
 Tobacco Control Program
 410 Capitol Avenue
 Hartford, CT 06134-0308
 (860) 509-8251
www.ct.gov/dph/tobacco
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